



**nd**  
**2** **WORLD**  
**CHAMPIONSHIP**  
**SHOTOKAN KARATE W.S.K.U**  
**MOSCOW 2011 / 1-3 JULY**

**DAN**  
**EXAMINATION**  
**& SEMINAR**

28-30 JUNE 2011  
MOSCOW - RUSSIA

# Find yourself by degrees

Our Mission assistance  
to the Russian people in public defense  
by trainings and the lawyer help





## Konstantin Kikalishvili

Security and Self Defense  
Academy President's speech

Greetings, colleagues!  
It is a great honor for us to see Your team on 2nd World Championship Shotokan Karate W.S.K.U in Moscow. I'm glad to tell You that for You and for every guest we made most comfortable conditions. We wish You good luck and have a good results in competitions!

### **Our address**

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2nd floor, Moscow, Russia  
Fone: +7(495) 66 111 22  
E-mail: [academiaasb@gmail.com](mailto:academiaasb@gmail.com)  
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## VENUE



### Aquarium Hotel

International Exhibition Centre  
"Crocus Expo " (Intersection of Ring  
Road and Volokolamsk highway)

[www.aquariumhotel.ru](http://www.aquariumhotel.ru)

Hotel Prices ;

Normal Room 50 Euro - 55 Euro  
River View 60 Euro

Lunch 18 Euro  
Dinner 18 Euro

Stadium is inside the Hotel



## RULES

- The championship will pass by the rules of the WKF (World Karate Federation) and by the rules of Shotokan karate SHOBU IPPON W.S.K.U. (World Shotokan Karate Union) version according to the specified categories.

Participants are entitled to apply for participation in both the rules in the respective categories.

The organizations have the right to unite two weight categories in case of absence of quorum.

- **Registration**

Competitioners:

5-14 years=20 Usd;

15-17 years=25 Usd;

18+ years=30 Usd.

Teams:

14 years (3+1) = 100 Usd;

18 years (3+1) = 100 Usd;

18+ (5+2) = 100 Usd.

For each program Competitioner makes 10 Usd.

- **Fight time**

Boys \ girls 6-9 years: 1min

Boys \ girls 10-13 years: 1,5 min

Boys \ girls 14-17 years: 2 min

Men 18-34 years: 3 min

Women 18-34 years: 2 min



## KATA CATEGORIES

5 YEARS MALE	SHOTOKAN	KATA	A1
6 YEARS MALE	SHOTOKAN	KATA	A2
7 YEARS MALE	SHOTOKAN	KATA	A3
8 YEARS MALE	SHOTOKAN	KATA	A4
9 YEARS MALE	SHOTOKAN	KATA	A5
10 YEARS MALE	SHOTOKAN	KATA	A6
11 YEARS MALE	SHOTOKAN	KATA	A7
12-13 YEARS MALE	SHOTOKAN	KATA	A8
14-15 YEARS MALE	SHOTOKAN	KATA	A9
16-17 YEARS MALE	SHOTOKAN	KATA	A10
18 AND OVER MALE	SHOTOKAN	KATA	A11
5 YEARS FEMALE	SHOTOKAN	KATA	A12
6 YEARS FEMALE	SHOTOKAN	KATA	A13
7 YEARS FEMALE	SHOTOKAN	KATA	A14
8 YEARS FEMALE	SHOTOKAN	KATA	A15
9 YEARS FEMALE	SHOTOKAN	KATA	A16
10 YEARS FEMALE	SHOTOKAN	KATA	A17
11 YEARS FEMALE	SHOTOKAN	KATA	A18
12-13 YEARS FEMALE	SHOTOKAN	KATA	A19
14-15 YEARS FEMALE	SHOTOKAN	KATA	A20
16-17 YEARS FEMALE	SHOTOKAN	KATA	A21
18 AND OVER FEMALE	SHOTOKAN	KATA	A22
35-40 YEARS VETARAN MALE	SHOTOKAN	KATA	A23
41-50 YEARS VETERAN MALE	SHOTOKAN	KATA	A24
51-55 YEARS VETERAN MALE	SHOTOKAN	KATA	A25
56-60 YEARS VETERAN MALE	SHOTOKAN	KATA	A26
35-40 YEARS VETERAN FEMALE	SHOTOKAN	KATA	A27
41-50 YEARS VETERAN FEMALE	SHOTOKAN	KATA	A28
51-55 YEARS VETERAN FEMALE	SHOTOKAN	KATA	A29
56-60 YEARS VETERAN FEMALE	SHOTOKAN	KATA	A30
18 AND OVER MALE TEAM	WKF	KATA	A31
18 AND OVER FEMALE TEAM	WKF	KATA	A32
10-12 YEARS MALE TEAM	SHOTOKAN	KATA	A33
13-14 YEARS MALE TEAM	SHOTOKAN	KATA	A34
15-17 YEARS MALE TEAM	SHOTOKAN	KATA	A35
18-20 YEARS MALE TEAM	SHOTOKAN	KATA	A36
21-35 YEARS MALE TEAM	SHOTOKAN	KATA	A37
10-12 YEARS FEMALE TEAM	SHOTOKAN	KATA	A38
13-14 YEARS FEMALE TEAM	SHOTOKAN	KATA	A39
15-17 YEARS FEMALE TEAM	SHOTOKAN	KATA	A40
18-20 YEARS FEMALE TEAM	SHOTOKAN	KATA	A41
21-35 YEARS FEMALE TEAM	SHOTOKAN	KATA	A42

# REGISTRATION FORM

COUNTRY

COACH NAME

	ATHLETE NAME	PASSPORT NUMBER	BIRTHYEAR	CODE
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You have to put "code" of the competition that which the athlete will participate and fill the form with computer.



## EVENT PROGRAMME

DATE	EVENT	PLACE
27TH OF JUNE, 2011	ARRIVALS	
28TH OF JUNE, 2011	SHOTOKAN SEMINAR	HOTEL AQUARIUM MOSCOW
29TH OF JUNE, 2011	SHOTOKAN SEMINAR	HOTEL AQUARIUM MOSCOW
30TH OF JUNE, 2011	DAN EXAMINATION	HOTEL AQUARIUM MOSCOW
30TH OF JUNE, 2011	COMPETITION REGISTRATION WEIGHT CONTROL	HOTEL AQUARIUM MOSCOW
1ST OF JULY, 2011 FRIDAY	ALL INDIVIDUAL KATA COMPETITIONS -5,6,7,8,9,10,11 YEARS SHOBU KUMITE -12-13 YEARS SHOBU KUMITE -14-15 YEARS SHOBU KUMITE -16-17 YEARS SHOBU KUMITE -18 AND OVER SHOBU KUMITE	HOTEL AQUARIUM MOSCOW
2ND OF JULY, 2011 SATURDAY	-10-11 YEARS WKF KUMITE -12-13 YEARS WKF KUMITE -14-15 YEARS WKF KUMITE -16-17 YEARS WKF KUMITE -18 AND OVER WKF KUMITE	HOTEL AQUARIUM MOSCOW
3RD OF JULY, 2011 SUNDAY	MALE AND FEMALE TEAM KATA MALE AND FEMALE TEAM KUMITE MALE AND FEMALE VETERANS KUMITE	HOTEL AQUARIUM MOSCOW



## WORLD SHOTOKAN SEMINAR

World Shotokan Seminar will be held by  
Sensei Adrian Popescu Sacele (8th Dan)  
Sensei Kakha BASILIA (7th Dan)  
Sensei Mohammad BAHRAMI (7th Dan)  
Sensei Levent Aydemir (6th Dan)

Seminar will be held on 29–30 June 2011  
In Moscow Sport Hall

All athletes participating Dan Examination  
should participate the seminar

Seminar fee 50 Usd

## DAN EXAMINATION

World Shotokan Karate Union (W. S. K. U)  
Dan Examination will be held on 30 June 2011  
In Moscow Sport Hall

Successful examiners will have a World  
Shotokan Karate Union (W. S. K. U) approved  
diploma and W. S. K. U Identification Card free  
of change

Dan examination registrations will be online  
on [www.worldshotokankarate.com](http://www.worldshotokankarate.com)

Dan examination fee's are given on the web  
site

## TERMS AND CONDITIONS OF THE HOTEL RESERVATIONS

We recommend making the hotel reservation as early as possible.

To reserve a hotel room for the Championship, we kindly recommend participants to contact with Executive managers. After that you will get official confirmation of your reservation, which have to be paid no later than 27th of May 2011.

### Cancellation and no show

Cancellation of the hotel reservation must be communicated in writing. In case of cancellation after 27th of May, a one-night charge will be made.

In case of a no show, the room will be kept for the guest until 12 noon of the day following the date of expected arrival; the room will then be released.

### Methods of payment

You can choose different options of payment:

Credit card

Bank transfer (payment is possible in Euro, USD, RUR)

## To reserve a hotel room please contact with Executive manager

Bryanskaya str., 5th  
Business Centre "Europe Building", 2nd floor,  
Moscow, Russia  
Fone: +7(495) 66 111 22  
E-mail: [academiaasb@gmail.com](mailto:academiaasb@gmail.com)

## HOW TO GET TO MOSCOW

### BY AIR

There are 3 airports in Moscow – Domodedovo, Sheremetyevo and Vnukovo.

#### **Domodedovo:**

Aeroexpress Train. It is a comfortable high-speed train that goes non-stop from the airport Domodedovo, to Moscow, Paveletsky station.

Time of journey: 40–50 minutes.

Timetable: every hour from 07:00 to 24:00

Express Buses – Modern busses go non-stop from Domodedovo airport to Domodedovskaya underground station.

Timetable: from 06:00 to 00:00.

Time of journey: 25–30 minutes.

Departure time: every 15 minutes.

Airport Information service:

+7 (495) 933 6666, +7 (495) 720 6666

#### **Vnukovo:**

Aeroexpress Train. It is a comfortable high-speed train that goes non-stop from the airport Vnukovo, to Moscow, Kievsky station.

Time of journey: 40 minutes.

Timetable: every hour from 07:00 to 24:00

Buses / Shuttle buses – Modern busses go non-stop from Vnukovo airport to Yugo-Zapadnaya underground station.

Time of journey: 25–30 minutes

Airport Information service:

+7 (495) 93755 55

#### **Sheremetyevo:**

Aeroexpress Train. It is a comfortable high-speed train that goes non-stop from the airport Sheremetyevo, to Moscow, Belorusskaya underground station.

Time of journey: 35 minutes.

Timetable: every 30 minutes from 05:00

to 01:00

Buses / Shuttle buses – Modern busses go non-stop from Sheremetyevo airport to Rechnoy Vokzal underground station.

Time of journey: 30–50 minutes

Airport Information service: +7 (495) 23265 65

### BY TRAIN

Moscow has 6 major train stations. All of them have a connecting subway stop and can be easily reached by public transportation.

#### **Belorusskiy station:**

Long-distance trains to West and South-West direction of Russia.

Address: 7, pl. Tverskaya zastava,

Metro: Belorusskaya

#### **Kazanskiy station:**

Long-distance trains to South, East and South-East direction of Russia.

Address: 2, pl. Komsomolskaya,

Metro: Komsomolskaya

#### **Kievskiy station:**

Long-distance trains to Briyansk, Kiev.

Address: 2, pl. Kievskogo station,

Metro: Kievskaya

#### **Kurskiy station:**

Long-distance trains to South and South-West direction of Russia.

Address: 29, str. Zemlyanoy val,

Metro: Kurskaya

#### **Leningradskiy station:**

Long-distance trains to Saint-Petersburg, Velikiy Novgorod, Murmansk, Petrozavodsk, Helsinki, Tallin.

Address: 3, pl. Komsomolskaya,

Metro: Komsomolskaya

#### **Yaroslavskiy station:**

Long-distance trains to Ural, Sibir and North direction of Russia.

Address: 5, pl. Komsomolskaya,

Metro: Komsomolskaya

#### **Paveleckiy station:**

Long-distance trains to Average and Bottom Povolze.

Address: 1, pl. Paveleckaya,

Metro: Paveleckaya

#### **Rizskiy station:**

Long-distance trains to Riga and Velikie Luki.

Address: 2, pl. Rizskogo station,

Metro: Rizskaya

## LOCAL TRANSPORTATION

Public transport is pretty cheap in Moscow, and you can get around by metro (subway), bus, tram, taxi...The most popular and convenient method of travel is the metro. Tickets are very cheap and are purchased at the metro stations, at the window labeled with the word «КАССА». You can buy tickets for various numbers of journeys – from 1 to 60 journeys. Once you have purchased your ticket you go through the turnstiles and then down to the platform. The metro trains arrive around every 2 minutes during peak times and the time gap between trains extends to about 10–15 minutes later at night. While being a convenient method of travel, the metro does get very crowded, especially at rush hour, and you'll often find yourself packed in like sardines! That said, the metro is very efficient and many of the stations are works of art in themselves. Some of the best known ones include Komsomolskaya – with its chandeliers, Kievskaya, with its beautiful artwork, and Mayakovskaya, with its marble decor and mosaics on the ceiling.

**Moscow Metro working hours: 05:30 AM – 01:00 PM**

Other methods of transport include trams and buses. You can normally buy tickets for these in advance, at metro stations and kiosks. Some metro stations do not sell them however and it is best to try kiosks adjacent to bus stops and ask for 'avtoboos bilyet' and they can be bought from the driver for a couple of Rubles more. Another option is to get a taxi. There are taxi firms in Moscow which you may wish to use when going a longer distance (e. g. from the city centre to the airport) but to go a shorter distance it's common to hail an ordinary car in the street. While in Moscow this is a common way of getting around, caution should still be exercised – avoid hitch hiking alone or at night. It's best to agree a fare in advance, but you can usually go a short distance quite cheaply.

## TRAVEL TIPS

### **Time difference**

Time in Moscow is 4 hours ahead of GMT from April to September.

### **Weather**

The climate of Moscow is moderately continental. By the statistic data the average temperature in June-July is about 23 degrees centigrade, rains and storms are possible.

### **Customs regulations**

The importation into the Russian Federation

The importation of foreign currency and/or currency of the Russian Federation, cheques, external and/or internal securities in documentary form by natural person allowed, providing the Declaration.

At one-time importation of cash in foreign currency and/or currency of the Russian Federation, as well as cheques, external and/or internal securities in documentary form in amount in excess of \$10000, information about it should be filled in the Declaration.

### **MOVING DRUGS**

Natural person can import or export medicines in any quantity required for personal use.

### **Money, exchange**

National currency in Russia – Ruble. All payments by cash and by a credit card in the country are made in Rubles. Exchange can be carried out in banks, and also in the exchange offices located in large shops.

### **Credit Cards**

Credit cards, including Visa, MasterCard and American Express are now accepted at most banks,

hotels, restaurants and big department stores.

You will need rubles for regular stores and local transportation. It may be difficult to use your card out of the city.

#### **Post and phone**

For a call on an intercity it is necessary to dial 8 – a city code – number of the caused subscriber.

For a trunk call it is necessary to type 00 (an exit to an international telecommunication) – a telephone code of the country – a city code – number of the caused subscriber.

#### **The helpful phone numbers.**

In fire condition it is necessary to call «01», if necessary to cause a militia brigade – «02», medical aid – «03».

#### **Shops, banks, museum hours.**

Shops, banks and museum hours can vary. The schedule of their work is usually displayed at the entrance. At weekends and holidays the establishments work by the shortened schedule.

#### **Electricity**

European-type AC outlets. The supply pressure is 220V, electrical frequency is 50Hz.

#### **Internet**

There are plenty of Internet cafes and bars, scattered all over the city. Many cafes and restaurants are equipped with Wi-Fi.

## ORGANIZING COMMITTEE

#### **Konstantin Kikalishvili**

President of the self defense and security academy, «SSA»

E-mail: [academiaasb@gmail.com](mailto:academiaasb@gmail.com)

+7 (926) 352 4757

+7 (499) 272 39 58 fax

#### **Kakha Basilia**

First Vice-President W.S.K.U, Chairman of the Organizing Committee. Coordinator of cooperation with karate Federation of Eastern European and CIS countries

E-mail: [info@karate.ge](mailto:info@karate.ge)

#### **Ercument Tasdemir**

Coordinator for receiving applications for championship participants, seminar, examination of the countries participating in the championship

E-mail: [secretariat@worldshotokankarate.com](mailto:secretariat@worldshotokankarate.com)



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EXAMINATION  
& SEMINAR

28-30 JUNE 2011  
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